

TERMS OF REFERENCE FOR **NATIONAL** INDIVIDUAL CONSULTANT

TERMS OF REFERENCE	
Hiring Office:	UNFPA Timor-Leste
Purpose of activity:	National Consultant to develop training resource package for facilitator manual (boys and girls circle and Healthy Relationship) and support in delivering ToT to the selected participants
Background	<p>In Timor-Leste, adolescent pregnancies and early marriages are prevalent. In 2016, 20% of young women reported having given birth before they turned 20 (i.e. during adolescence) and 15% were already married before 18¹. The World Health Organization however recommends avoiding teenage pregnancies since they can cause severe health problems for both the mother and child². In Timor-Leste indeed, maternal mortality of adolescents is twice as high as the national average³, and children born of teenage mothers are more likely to have a low birth rate, be born pre-term – or die before the age of five⁴.</p> <p>In order to ensure all adolescent and young people are aware of their sexual and reproductive health and rights (SRHR) and empower them to make informed choices and decisions, comprehensive sexual and reproductive health education should be introduced and made available. Comprehensive sexuality education is not only about sex; it is aimed at equipping young people with relevant knowledge, skills, attitudes and values they need to determine and enjoy their sexuality. It helps young people to acquire accurate information on sexual and reproductive rights, develop life skills to make decision and take responsibility and nurture positive attitudes and values toward their sexual and reproductive health.⁵ Issues such as preventing unwanted pregnancy, unsafe abortion and sexually transmitted infections (STI) including HIV/AIDS can be addressed through age specific sexuality education and promotion of responsible and healthy reproductive and sexual behaviour.</p> <p>In addition, across the world, an estimated 246 million boys and girls experience school violence every year (UNESCO, 2017). A study of 19 low and middle-income countries found that, while 34% of students aged 11–13 had been bullied in the past twelve months, 8% had been bullied every day (Fleming & Jacobsen, 2010).</p>
Scope of work: (Description of services, activities, or outputs)	<p>The boys and girls circle and Healthy Relationship are the facilitator's manual for the young people learning about themselves, developing skills and confidence to interact with others in a positive and respectful way, and knowing how to seek help and support when it is needed. The main objective of the intervention is to transform gender stereotypes of young women and young men in and out of schools. The intervention targets students in Pre-secondary and secondary schools and out-of-school youths in Timor Leste, however, it will start with the students and youths in 7 prioritized Municipalities. Furthermore, The ToT is to ensure comprehensive understanding on the manual and strengthen the facilitating component before disseminating information amongst youth in and out of school.</p> <p>The Consultant will collaborate with the Ministry of Education, Youth and Sport, State Secretary of Youth and Sports and UNFPA and will:</p> <ul style="list-style-type: none"> • Enhance the contents of Boys and Girls Circle Facilitator Manual through development of Training Aids for the 9-14 Years old and 15-18 years' old • Develop training and teaching aids for ToT for Boys and Girls Circles and Healthy Relationship manual by collaboration with the co-trainer • Support in the delivering the ToT on the Boys' and Girls' Circle and Healthy Relationship facilitator's manual to selected participants who will then provide ToT to teachers, students and youths from the selected municipalities. • Support the Ministry of Education, Youth and Sport and the Secretary of State for Youth and Sports to introduce the training intervention in the selected municipalities and possible roll-out to other municipalities. • Develop the Trainers competency assessment • Support in monitoring the implementation of Comprehensive Sexuality Education. • Activities Report, Quarterly Report and end of Mission reports are to be submitted to UNFPA (<i>template will be provided</i>).


¹ General Directorate of Statistics (GDS) and ICF. 2017. Timor-Leste Demographic and Health Survey 2016. Dili, Timor-Leste and Rockville, Maryland, USA: GDS and ICF

² World Health Organization (2011), WHO Guidelines on Preventing Early Pregnancy and Poor Reproductive Outcomes Among Adolescents in Developing Countries. ISBN 978 92 4 150221 4

³ General Directorate of Statistics (GDS) & United Nations Population Fund (UNFPA), Timor-Leste Population and Housing Census 2015 - Thematic Report Volume 6: Analytical Report on Mortality, 2017

⁴ General Directorate of Statistics (GDS) and ICF. 2010. Timor-Leste Demographic and Health Survey 2019-2010: Key Findings on Youth. Dili, Timor-Leste

⁵ IPPF. (2010). *IPPF Framework for Comprehensive Sexuality Education*.

	Targets: <ul style="list-style-type: none"> Selected Participants of the ToT (an indicated CSO, INFORPDE facilitators, Youth Representatives) Selected Participants of the trainings 		
Duration and working schedule:	The work is expected to start in 23 rd September- 14 December 2021		
Place where services are to be delivered:	<ul style="list-style-type: none"> In Dili with travel to Municipalities 		
Delivery dates and how work will be delivered (e.g. electronic, hard copy etc.):	Deliverable	Timeline	Payment
	Division of the Boys' and Girls' Circle Manual to two age group 9-14 and 15- 18 years' old	7 th Oct 2021	15%
	Develop Training Aids and competency assessment	21st Oct 2021	15%
	Present the Manual Revision and Training Aids with Power Point presentations and an appropriate exercise for the ToT	28 Oct 2021	10%
	Support in ToT in collaboration with the co-trainer	1-3 week of Nov 2021	15%
	Support to sensitization training in collaboration with the co-trainer	4th week of Nov 2021	15%
	Final report writing	14th Dec 2021	30%
Monitoring and progress control, including reporting requirements, periodicity format and deadline:	Lesson learnt and recommendations report needed to be deliver at the end of each tasks 3 working days after the implementation of the activities All the progress report to be submitted to UNFPA to be in English		
Supervisory arrangements:	Spotlight Program Officer in close coordination with Youth and Gender officer		
Expected travel:	Dili and the three Municipality (Bobonaro, Ermera and Viqueque)		
Required expertise, qualifications and competencies, including language requirements:	<ul style="list-style-type: none"> Advance Degree in Educational/Social Science/Public Health/Development Studies Technical Knowledge on gender equality, youth situation in Timor Leste, social and behavioural change issues At least 2 years of professional work experiences related to capacity building, curriculum development, public health, and social behavioural change program. Previous working experience at Ministry of Education and civil society Organizations in Timor Leste would be an added advantage. Fluency in written and spoken English and Tetum, knowledge of Portuguese would be an added advantage 		
Inputs / services to be provided by UNFPA	Support services, spaces.		
<p>Interested candidate should submit a Cover Letter, and P11 form, by email to: timor-leste.office@unfpa.org, and register your profile in the following link: http://www.unfpa.org/unfpa-consultant-roster. For the complete TOR you could find it on the following link: https://timor-leste.unfpa.org/en/vacancies</p> <p>Deadline of submission of application is of 16 September 2021 at 17:00 pm.</p>			
Signature of Requesting Officer in Hiring Office: Approved by:  Date: 9 th /Sept/2021			

